

Microsoft Copilot Self-Assessment

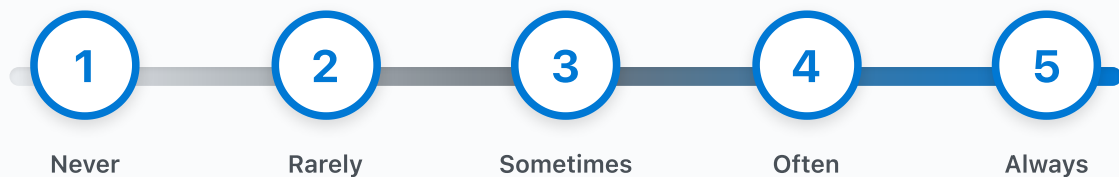
Three questions to understand your AI readiness • Takes only 2 minutes

Name: Date:
Department: Role:

QUESTION 1: AI USAGE (BEHAVIORAL DIMENSION)

"How integrated is AI (like Copilot) into your daily work?"

Rate from 1 (Never use it) to 5 (Essential daily tool)

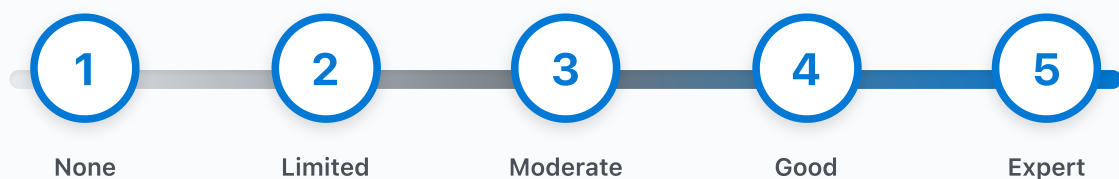


✓ Check the circle that best describes you

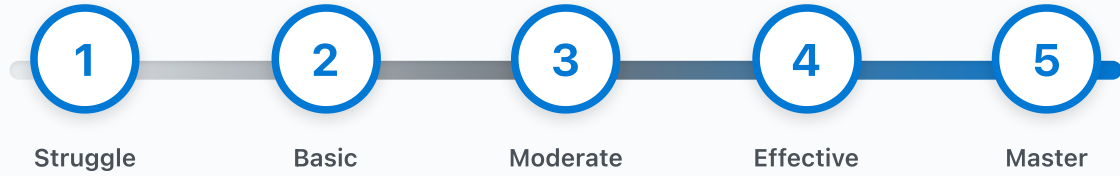
QUESTION 2: AI UNDERSTANDING (COGNITIVE DIMENSION)

"How well do you understand AI's strengths and limitations?"

Rate from 1 (No understanding) to 5 (Expert knowledge)



✓ Check the circle that best describes you

QUESTION 3: CONTEXT MANAGEMENT (SKILL DIMENSION)**"How effectively do you guide AI conversations to get the results you need?"***Rate from 1 (Always struggle) to 5 (Master level)**✓ Check the circle that best describes you*

CALCULATE YOUR SCORE

Q1 Score

+

Q2 Score

+

Q3 Score

=

TOTAL

Your Proficiency Level



3-7 points: **Starter** - Ready to begin your AI journey



8-11 points: **Competent** - Building effective AI skills



12-15 points: **Proficient** - Maximizing AI potential